

Student _____ Tech identification number _____ Date _____

| Course Number | Course Title | Credits | Semester offered | Semester completed | Grade |
|--|---------------------------------------|---------|------------------|--------------------|-------|
| Required Program Courses | | | | | |
| BIOL 2005 | Fundamentals of Nutrition | 3 | S | _____ | _____ |
| BIOL 2021 | Anatomy/Physiology II | 4 | F/S | _____ | _____ |
| HLTH 1010 | Personal, Tribal and Community Health | 3 | F | _____ | _____ |
| HLTH 1050 | Emergency Response/First Responder | 3 | F/S | _____ | _____ |
| PE 1040 | Introduction to Conditioning | 1 | S | _____ | _____ |
| PE 1041 | Fitness for Endurance | 1 | F | _____ | _____ |
| PE 1043 | Weight Training | 1 | S | _____ | _____ |
| PE 1047 | Aerobics | 1 | F | _____ | _____ |
| PE 2015 | Fitness Instructor Techniques | 5 | S | _____ | _____ |
| PSYC 2010 | Developmental Psychology | 4 | F/S/SS | _____ | _____ |
| PSYC 2020 | Group Dynamics | 3 | S | _____ | _____ |
| SPCH 1030 | Intercultural Communication | 3 | F/S | _____ | _____ |
| General Education Requirements | | | | | |
| Communication | | | | | |
| ENGL 1001 | College Writing I | 4 | F/S/SS | _____ | _____ |
| ENGL 1020 | College Writing II: Writing for Work | 3 | F/S/SS | _____ | _____ |
| SPCH 1010 | Public Speaking | 3 | F/S/SS | _____ | _____ |
| Natural Sciences | | | | | |
| BIOL 1101 | General Biology I | 5 | F/S | _____ | _____ |
| BIOL 2020 | Anatomy/Physiology I | 4 | F/S | _____ | _____ |
| Mathematical/Logical Reasoning | | | | | |
| MATH 1010 | College Algebra | 3 | F/S/SS | _____ | _____ |
| History and the Social and Behavioral Science | | | | | |
| PSYC 2001 | General Psychology | 4 | F/S/SS | _____ | _____ |
| Human Diversity | | | | | |
| AMIN 1050 | Anishinaabeg of Lake Superior | 3 | F/S/SS | _____ | _____ |

Total Credits required: 61

Associate of Arts Degree Option

To earn an Associate of Arts degree in addition to the Associate of Applied Science degree outlined above, the student must complete a course from each of the following goal areas:

- Natural Sciences** (from a discipline other than Biology)
- History and the Social and Behavioral Science** (one course from Group 2)
- Humanities** (two courses from different disciplines)
- Global Perspective**
- People and the Environment**

Fond du Lac Tribal and Community College reserves the right to change when courses are offered. Program requirements are subject to annual review and revision. Students should use this program plan as a guide when selecting courses to complete a degree in a major. It is important that students consult with an advisor/counselor prior to registering for courses each semester.

This document is available in alternative formats to students with disabilities by calling 218-879-0805 (voice and TTY).